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**EDUCATION**

*August 2009-2012* Loyola University of Chicago

Chicago, Illinois

Doctoral of Nursing Practice (DNP)

Emphasis: Evidence-based Violence Prevention

Development of a community based assessment and intervention program for violence prevention initiatives in strategic high risk districts. Published in peer reviewed journal and presented nationally at podium and poster sessions.

*January 1997* Loyola University of Chicago

Chicago, Illinois

Master of Science in Nursing

Emphasis: Acute Care Nurse

Practitioner in Trauma/Critical Care

The didactic course work consisted of advanced physiologic, pathophysiologic, and pharmacologic sciences.

The clinical component consisted of a 700 hour practicum. This provided the opportunity to assess, order the appropriate diagnostic studies and medications, diagnose, treat, and evaluate the critically ill and traumatically injured. Such advanced practice skills as intubation, first-assist, suturing, chest-tube and central line insertions and nutritional interventions were utilized.

Included in the clinical component is an internship at the Maryland Institute for Emergency Medical Service, R Adams Cowley Shock Trauma Institute in Baltimore, Maryland.

*1984-1987* Loyola University of Chicago

Chicago, Illinois

Numerous college courses consisting of sciences, social studies, and language.

1980 Morton College

Cicero, Illinois

Associate Degree in Nursing

## **LICENSURE**

- Registered nurse, Illinois, Wisconsin
- APRN, Illinois

## **CERTIFICATIONS**

- Credentialed and Privileged LUHS 2006- present
- Emergency Nurses Pediatric Course, ENPC, director 2002- 2009
- Emergency Nurses Pediatric Course, ENPC 2001- 2009
- Registered Advanced Practice Nurse, Illinois 2001- present
- Advanced Trauma Course for Nurses, ATCN 2001- 2009
- Critical Care Emergency Medical Technician (CCEMTP), instructor 2000- present
- Pediatric Advanced Life Support, PALS, certified and instructor 1999 - 2013
- Advanced Cardiac Life Support, ACLS, instructor 1999 - present
- Fundamentals of Critical Care Support, FCCS 1999 - present
- Advanced Trauma Life Support, ATLS 1998 - 2009
- Trauma Nurse Core Curriculum, TNCC 1998 - 2012
- Certified Specialist, CS 1997 - present
- Trauma Nurse Specialist, TNS, instructor 1991 - 2016
- Advanced Cardiac Life Support, ACLS 1987 - present

- Critical Care Registered Nurse, CCRN 1984 - present
- Registered Professional Nurse, Illinois 1980 - present

### **PROFESSIONAL ASSOCIATIONS**

- Southwest Chapter AACN 2009 - present
- Christian Business Womens' Association 2003 - present
- Christian Community Health Fellowship, member 2002 - 2008
- Society of Trauma Nursing, member 1999 - present
- Chicago Committee on the Trauma of the ACS, member 1999 - present
- Chicago Metropolitan Trauma Society, member 1999 - 2011
- Emergency Nurses Association, ENA, member 1999 - 2009
- Society of Critical Care Medicine, SCCM, 1998 - present
- Transcultural Nursing Society, member 1996 - 2007
- Sigma Theta Tau 1996 - 2005
- International Nurses Bank, ANA, member 1995 - 2007
- American Red Cross, member 1994 - present
- Greater Chicago Area AACN Chapter, member 1993 - present
- Nurses' Christian Fellowship, member, organizer Chicago Chapter 1993 - present
- American Trauma Society, member 1991 - 2007

### **PROFESSIONAL COMMITTEES**

- Stop the Bleed- member/ educator 2018-present
- Care for the Care Giver-colleague liaison 2018-present
- No One Dies Alone (NODA) member/ educator 2018 -present

- Products Committee, Critical Care Expert - member 2008 - 2009
  - Advanced Practice Group Education Subcommittee - chair 2008 – 2011
  - 2016-present
  - Nursing Grand Rounds Subcommittee - chair 2008 - 2010
  - Nurse Professional Practice Council - chair 2007 - 2009
  - Rapid Response Team Advisory committee – member/ educator 2007 - 2010
  - Pediatric Critical Care Education Committee - member 2001 - 2009
  - Professional Journal Abstract Reviewer - selected publications 2000 - present
  - Loyola University Medical Center APN Group - founder and chair 2000 - 2006
  - Emergency Medical Services-Children - site surveyor 2000 - present
  - CME - board advisor 2000 - present
  - Nursing Newsletter - assistant editor, contributor 2000 - 2004
  - 2016 - present
  - Retention and Recruitment - elected member 1998 - 2007
- Loyola University Medical Center
- Nurse Practice Council - elected member 1996 - 2000
- Loyola University Medical Center
- Preceptor Committee - elected chair 1992 - 1994
- Loyola University Medical Center
- Trauma Support Group - volunteer to meet with 1996 - 2000
- families of the traumatically injured every month
- Magnet© document writer 2009, 2014, 2019

## **PROFESSIONAL EXPERIENCE**

*August 2020 to present*    **Assistant Professor**

Marcella Niehoff School of Nursing-Graduate School AG-ACNP Track

Chicago, IL

Serve as didactic and clinical instructor on topics such as critical illness and injury, ordering and interpretation of diagnostics in critical care, the APRN role and responsibilities and professional development.

*September 2017 to present*    **Speaker, consultant**

SHBPP-produces continuing education for thousands of healthcare professionals throughout the United States, servicing Nurse Practitioners, Physicians and Physician Assistants.

Atlanta, GA

*August 2015 to August 2020*    **Adjunct faculty/Instructor**

Marcella Niehoff School of Nursing-Graduate School

Chicago, IL

Serve as clinical and laboratory faculty in the Advanced Physical Assessment course in the graduate SON from 2015-2020.

2019-2020 assigned a cohort of students for the AGACNP program.

Radiology course-solo instructor.

Ultrasound course-solo instructor

Suturing-assisting instructor.

Mentorship and oversight of graduate students' clinical rotations.

Mentorship and consultation of graduate students' final comprehensive projects.

*May 2009 to present*    **Acute Care Nurse Practitioner (ACNP) – Anesthesia**

Responsibilities include the assessment of patients that are to undergo surgical interventions, risk stratification for cardiovascular disease, pulmonary assessment and optimization of disease states. Included is the assessment of airway management and

potential post-operative complications. Additional responsibilities are the ordering and interpretation of diagnostics such as ECG, ECHO, stress studies, pulmonary function test and laboratory studies. Follow-up assessment in the intensive care unit is part of daily responsibilities.

*April 2003 to 2005* **Lecturer / Consultant**

Extreme Nursing

Chicago, IL

National critical care teaching organization providing comprehensive and didactic, case studies and critical care consultation.

*February 1998 to 2001* **Lecturer / Consultant**

EMS Nursing,

Chicago, IL

Critical care lecturer and consultant. Includes authoring and presenting courses on topics such as Trauma management and acute ICU care.

*May 1998 to 2004* **Lecturer / Consultant**

Med-Ed, Inc.

Charlotte, NC

Critical care lecturer and consultant. Topics include research based practice change and current clinical issues. The format consists of two day lectures with a comprehensive outline and slide presentation.

*November 1997 to May 2009* **Acute Care Nurse Practitioner (ACNP) - Trauma**

Loyola University Medical Center Maywood, IL

Responsibilities include the assessment, diagnosis, treatment and evaluation of the critically ill and injured. Advanced skills such as arterial line placement, central venous access, chest tube insertion and suturing are practiced. The establishment of a Quality Improvement/Performance improvement Program, Discharge Program and Practitioner Clinic are included in accomplishments. Evidenced and research based practice protocols have been incorporated into the care delivery. Working as mentor, collaborator and colleague with resident staff is included in responsibilities. Provide comprehensive, cost-contained, and effective care while serving as educator researcher, care giver and clinical expert

*March 1997 to 2001* present **Clinical Instructor**

Marcella Niehoff School of Nursing – undergraduate student clinical rotations

Loyola University of Chicago

Chicago, Illinois

*February 1997 to 1999* **Lecturer**

American Healthcare Institute (AHI)

Baltimore, Maryland

Critical Care lecturer to an audience of experienced nurses, for a full day seminar. Format consists of a comprehensive outline and slide program averaging two cities per month.

*March 1997 to 2004* **Adjunct Faculty**

Moraine Valley Community College

Lecturer in the continuing education program. Topics include, “The Complicating Sequelae of Trauma Management.” Presentation consists of a comprehensive outline and slide program.

*1985 to 1997* **Staff Nurse - Surgical/Trauma Intensive Care Unit**

Loyola University Medical Center

Maywood, Illinois

Responsibilities include those of staff nurse/charge nurse and preceptorship. Functioned as unit educator until position was dissolved. The patient population consists of Trauma and general surgery. The unit utilizes ICP monitoring, CAVH, IABP, HFJV, independent lung ventilation, burst suppression and other current critical care therapies.

*December 1990 - 1991* **Head and Neck Nurse Clinician**

Loyola University Medical Center

Maywood, Illinois

Nurse Clinician in the Department of Head and Neck Surgery. I participated in attending rounds, coordinated Tumor Board, and had input into Mortality and Morbidity Conference. During my time in this position I developed a Pre-Operative teaching

program consisting of an information folder and a clinic visit. During this visit information was obtained for the Head and Neck Database I authored where written discharge instructions were given to patients. At this position a Discharge Manual to be utilized by the nursing staff was created. After discharge I provided phone triage to evaluate progress and provided monthly inservices and competency programs to the nursing staff. I authored the hospital policy on Tracheostomy Care.

*1982-1984* **Staff Nurse**

Illinois Masonic Medical Center

Chicago, Illinois

Responsibilities included those of staff/charge nurse in the SICU. The patient population consisted of general surgery, Trauma, and cardiovascular surgery. Here I worked extensively with hemodynamic monitoring, 12-Lead ECG interpretation, vasopressor and pacemaker therapy. I functioned as a preceptor and code team member.

*1981-1982* **Staff Nurse**

MacNeal Memorial Hospital

Berwyn, Illinois

Responsibilities included those of staff/charge nurse in the Coronary Intensive Care Unit. I functioned as a preceptor after six months of employment.

**INTERNATIONAL HEALTHCARE EXPERIENCE**

*March 19-April 5, 2010* **South Africa, Botswana and Zambia**

Lecturer for a nursing contingent and visitor/advisor to clinics, orphanages and rural health stations.

*June 6-22, 2007* **Dominican Republic**

Advisor to 11 Loyola University medical students in a rural village clinic. My responsibility was that of leader and instructor to the students that cared for approximately 75 patients per day.

*July 8-23, 2005* **Sturovo, Slovakia**

Mission work in villages consisting of teaching, youth activities, and outreach.

*June-August 1996 Ecuador, South America*

I functioned as a member of a healthcare team serving the tiny island population of Muisne. Duties included suturing, incision and drainage, field triage, and healthcare instruction. Volunteer appointment.

*April 1995 London, England*

Participated in experiences in socialized medicine, hospice care, and community assessments.

*February-September 1992 Papua New Guinea*

During this time I worked as a nurse in Papua New Guinea. Initially I served as a high-school biology and math teacher to the children of American and commonwealth missionaries. I provided CPR classes to the missionaries and inservices to the nursing staff, and served as the mission base nurse. My last two months were spent teaching students at the Highland Regional College of Nursing. I taught classes in Med/Surg, Anatomy/Physiology, and Fundamentals of Nursing. I oversaw their clinical practicum as well as worked in the Casualty Theater. I spent two weeks in a "bush" hospital where my experiences included suturing, incision/drainage, minor surgical procedures, as well as treatment of diseases such as typhoid, malaria, tuberculosis, and leprosy. Volunteer appointment.

*June-September 1990 New South Wales, Australia*

I functioned as a nurse in the outback of Australia. My role was to be a nurse to a team that had converged to build a dormitory for Protestant missionaries in training. My duties included basic first-aid, suturing, allergies, and colds. My work with the nationals included teaching basic hygiene, wound care, and food preparation. Volunteer appointment.

## **PUBLICATIONS**

**Ruffolo, D.C.** Review and editor of chapters, Poisonings and Toxicities; Abdominal, Chest and Eye Trauma: Trauma Considerations. *Practice Considerations for Adult-Gerontology Acute Care Nurse Practitioners*. Thomas W. Jr. Barkley (Author), Charlene M. Myers (Author). 3<sup>rd</sup> edition. Elsevier:Saunders. Publishing due Spring 2020.

Hartwig, J., Mugve, N., Aseffa, T., **Ruffolo, D.C.**, Kim, E. Fentanyl Effects on Blood Pressure in Elderly Patients After Induction of General Anesthesia. Submission pending, Spring 2019.

**Ruffolo, D.C.** Chapter: Shock and End Points of Resuscitation. *Advanced Critical Care Nursing*, 2<sup>nd</sup> edition. Elsevier: Phil, PA. Published Spring 2017.

**Ruffolo, D.C.** Teaching Members of Strategic Communities Evidence-based Youth Violent Initiatives. Journal of Trauma Nursing. Fall 2012.

**Ruffolo, D.C.** Seeing Red: Complications of Blood Transfusions RN Critical Care, June, 2009.

**Ruffolo, D.C.** Trauma Notes: Caring for the Pregnant Trauma Victim. CEU article. JOGNN, 38, 704-714; 2009.

**Ruffolo, D. C.** Life and Limb: The Impact of Crush Injury. Advance for Nurses. September 19, 2005. Vol. 3(20); 30-32.

**Ruffolo, D.C.** Pulmonary Embolism: The Great Masquerader. Advance for Nurse Practitioners. June 2004. Vol.12 (6); 30-35.

**Ruffolo, D.C.** Regional Carbon Dioxide Monitoring, A New Look at Tissue Perfusion. AACN Clinical Issues. May 2003, 168-175.

**Ruffolo, D.C.** The Impact of Crush Injury. The Nursing Spectrum. July, 2002.

**Ruffolo, D.C.** Delayed Splenic Rupture: Understanding the Threat. Journal of Trauma Nursing. April, 2002.

**Ruffolo, D.C.** Pulmonary Embolism: The Subtle Killer. Nursing Spectrum. Feature. January, 2002.

**Ruffolo, D.C.** Hypothermia in the Trauma Population: The Cold Facts. RN Magazine.

Cover/ CEU feature. February, 2002.

**Ruffolo, D.C.** Abdominal Compartment Syndrome: A Potentially Fatal Complication. Nursing Spectrum. Feature. July, 2001.

**Ruffolo, D.C.** The APN in Trauma. Nursing Spectrum. Cover feature. June, 2000.

**Ruffolo, D.C.** Carotid-Cavernous Sinus Fistula in Penetrating Facial Trauma. Journal of Trauma Nursing. April-June 2000, 48-51.

Davis. K., Sirovotka, B., Reed. R.L., **Ruffolo, D.C.**, The Use of a Sedation Protocol to Reduce Unplanned Extubations. Abstract submitted to the Eastern Association for the Surgery of Trauma.

**Ruffolo, D.C.** Gastric Tonometry: What Can Nurses Expect. Nursing Spectrum Continuing Education Program. April, 2000.

**Ruffolo, D.C.** Gastric Tonometry: Early Warning of Tissue Hypoperfusion. Critical Care Quarterly. Fall, 1998,28-36.

**Ruffolo, D.C.** Ethical Dilemmas in Third World Care. Nursing Ethics. September, 1997, 16-22.

**Ruffolo, D.C.** Trauma in Developing Countries. International Journal of Trauma Nursing. January-March. 1997, 4-12.

**Ruffolo, D.C.** Bush Nursing. International Journal of Trauma Nursing. Letter to the Editor. June-August, 1996, page 3.

**Ruffolo, D.C.** How Six Months in Papua New Guinea Changed My Life. Journal of Christian Nursing. Fall. 1993, 15-19.

Regular contributor to the Nursing Spectrum, a nationally syndicated nursing trade paper. To date I have more than twenty publications. Some cover stories include:

- The APN in Trauma, June, 2000.
- The Emergency Medical Services Pediatric Certification Program, November, 1999.
- The Nurse-Physician Relationship Re-examined, January, 1997.
- Third World Nursing, May, 1995.
- Long-Term Pediatric Care, December, 1995.

Awarded a creative writing gift from the Illinois Medical Society for "A Sister's Last Gift" February, 1993.

While at Loyola University Medical Center:

- Served as the first Acute Care Nurse Practitioner at the center and established the job description, guidelines, protocols and physician collaborative agreement.
- Established a discharge teaching and readiness program for the complicated Trauma patient.
- Organized and established a Multi-Disciplinary Trauma Clinic to provide services from all sub-specialties and well as rehab services to out patients in one clinic visit· Authored and present a Teen Drinking and Driving and Teen Violence program in high schools as a community prevention program.

- Co-authored and edited a unit-based Trauma Orientation Manual - a self-paced, competency program.
- Established a Continuous Arterio-Venous Hemofiltration (CAVH) learning module and manual
- Authored a Preceptor and Procedure Manual.

Copies of all works available upon request

### **SELECTED PRESENTATIONS**

- 2020        March, "Shock: Death of a Cell." TNS course, Loyola University.
- 2020        March, "Regional Anesthesia: A Novel Approach to Pain Management." ILSPAN. Chicago, IL.
- 2019        October, "Update on Radiology for the APRN." MacNeal APP Conference, Berwyn, Il.
- 2019        October, "Six Pillars of Fluid Resuscitation." Barkley APRN Conference. Baltimore, MD.
- 2019        September, "Alternative Methods for Pain Management: Regional Blocks." Loyola University Perioperative Conference.
- 2019        September, "Complications of Shock." TNS Course, Loyola University.
- 2019        February, "Trauma in 2019-Updates." Keynote speaker, Trauma Symposium, Peoria, Il.
- 2019        February, "Complications of Transfusions, Resuscitation, Violence in the Work Place." Midwest, AACN Critical Care Conference.
- 2019        February, "Complications of Shock." TNS Course, Loyola University.
- 2018        November, "Shock and Death of a Cell." AACN NW Chapter.
- 2018        October, "Abdominal Compartment Syndrome." Region VIII Trauma Conference.
- 2018        October, "Lab Studies and the Bedside Nurse." Nursing Conference, Loyola University Medical Center.

2018 October, "Polypharmacy and the Geriatric." SHBPP. San Antonino, TX.

2018 October, "Shock-An Update." TNS course, Loyola University Medical Center.

2018 September, "Six Pillars of Fluid Resuscitation." AACN Southwest Chapter.

2018 September, "Afib-What is New in Management, Abdominal Compartment Syndrome Update." SHBPP. Orlando, Destin Florida.

2018 September, "Mentorship and Nursing." Nursing Leadership Conference. Loyola University Medical Center.

2018 July, "Joy at Work." Nursing Grand Rounds, Loyola University Medical Center.

2018 June, "Critical Care Across the Ages." Creighton Medical Center Critical Care Conference. Omaha, NE.

2018 May, "Six Pillars of Fluid Resuscitation." Grand Ball Room Presentation. AACN-NTI. Boston, MA.

2018 April, "VTE in the ICU, Complications of Anesthesia, End of Life Care." Gore-Farha Critical Care Conference. Wichita, KS.

2018 March, "VTE in the ICU", "Shock and End Points of Resuscitation." Midwest Critical Care AACN. Chicago, IL.

2018 February, "Mentoring." Loyola University.

2018 January, "End of Life in Trauma: A Good Death After Injury." National Webinar sponsored by the Society of Trauma Nurses.

2017 January, "How to Interpret a CXR." Loyola University.

2017 March, "Crush Injury and Associated Complications, Update of Effective Resuscitation after Trauma, Meeting the Metabolic Needs of Critical Care Patients." AACN Midwest Conference. Chicago, IL.

2017 April, "Care of the Care Giver after an Error, The Nurse on the Mission Field." Trinity Nursing Conference, Dubuque, IA.

2017 April, "Update on NOACS and VTE." ISAPN Conference, Chicago, IL.

2017 April, "Why be a Nurse." Guest presenter-Morton East High School-Cicero, IL.

2017 May, "Death in the ICU, Care of the Caregiver after and Error." AACN-NTI, Houston, TX.

2017 August, "The Importance of FAST Exam in Trauma." Guest Lecturer-Loyola Graduate School.

2017 September, "How to be a Mentor." Charge Nurse Symposium, Loyola University.

2017 October, "Violence and The Health Care Worker, Complications of Shock." Midwest AACN Critical Care Conference. Chicago, IL.

2017 October, "Laboratory Interpretation for The Bedside Nurse." Loyola University.

2017 November, "Pulmonary Embolism-the Subtle Killer, Palliative Care in the ICU." Contemporary Forums. Las Vegas, NV.

2017 November, "Famous Trauma Deaths-How Would They Do Today." Advocate Partnership Trauma Symposium. Chicago, IL.

2017 December, "Radiology and the APN." Guest lecturer - North Park Graduate School of Nursing. Chicago, IL.

2016 October, "Laboratory Interpretation for The Bedside Nurse." Loyola University.

2016 October, "Getting it Right-Primary Assessment in Trauma." Region VIII National Conference. Chicago, IL.

2016 May, "Chest X-Ray Interpretation." Guest Lecturer-North Park Graduate School of Nursing. Chicago, IL.

2016 March, "Nursing Beyond the Bedside and Beyond the Border, Pradaxa, Prasugrel and Plavix- the 3 P's of Despair, Diagnostics in Trauma." Midwest National AACN Conference. Chicago, IL.

2016 March, "Teaching Critical Thinking." Nursing Grand Rounds. Loyola University.

2015 October, "A Bag Full of Pills: Medications and the Geriatric." ISAPN National Conference, Chicago, IL.

2015 July, "So You Want to Be a Missionary Nurse." Nursing Grand Rounds. Loyola University.

- 2015 May, "Crush Syndrome." AACN SW Chapter.
- 2015 March, "How to Approach Families with End of Life Decisions." Nursing Grand Rounds. Loyola University Medical Center.
- 2015 March, "Chest X-Ray Interpretation-Looking into the Dark." Loyola APN Conference.
- 2015 March, "Pulmonary Embolism." Nursing Grand Rounds. Loyola University Medical Center.
- 2015 January, "End of Life After Injury." ENA national meeting, Chicago, IL.
- 2014 May, "Critical Thinking and the Critical Care Nurse." Norwegian American Hospital. Chicago, IL.
- 2014 May, "End of Life in the ICU after Trauma." AACN-NTI. Denver, Co.
- 2014 April, "Effective Youth Violence Prevention." Society of Trauma Nurses. New Orleans, LA.
- 2014 March, "Pulmonary Case Studies, The Bleeding Patient, Anesthesia Emergencies." Midwest Critical Care Conference. Itasca, IL.
- 2014 March, "Chest X-Ray Interpretation for the APN." APN Conference Loyola University Medical Center. Maywood, IL.
- 2014 January, "The Impact of Pulmonary Embolism." Loyola University Medical Center Grand Rounds. Maywood, IL.
- 2013 October, "Brain Death, End of Life in the ICU, Update on Trauma Resuscitation." Critical Care Conference. Portland, OR.
- 2013 May, "Hypotensive Resuscitation." AACN-NTI. Boston, MA.
- 2013 May, "Diffuse Axonal Injury, Crush Injury, DIC, Anesthesia and the ICU Patient." AACN Critical Care Conference. Missoula, Mt.
- 2013 April, "Therapeutic Hypothermia, Update on Diabetic Management in the ICU, Laboratory Studies the Bedside Nurse Should Know." Critical Care Conference. Peoria, IL.
- 2013 March, Trauma and the Pregnant Patient, The Elderly and Anesthesia." Midwest AACN Critical Care. Itasca, IL.

- 2013 March, "Teaching Communities About Effective Violence Prevention." MNRS, Poster presentation. Chicago, Il.
- 2012 April, "Anemia in the ICU, Brain Death: It is not as Easy as You Think, Trauma in Developing Nations." Peoria, Il.
- 2012 April, "DIC-Current Treatments and Interventions, Blood Transfusion Therapy in 2012, Complication of Anesthesia in the ICU." Lewiston, Idaho.
- 2012 March, "Work Place Violence: What Every Healthcare Worker Should Know." CHOP Pediatric and Emergency Medicine Conference. Philadelphia, PA.
- 2012 March, "Craniofacial Trauma, The Pregnant Trauma Victim: Two Patients, Resuscitation in 2012." Midwest AACN Conference. Chicago, Il.
- 2012 February, Emergency Nurse Association. Chicago, Il.
- 2012 February, "Enteral Nutrition, Diffuse Axonal Injury." AACN, Hinsdale, Il.
- 2011 March, "Diffuse Axonal Injury: The Unforgiving Head Injury, End of Life in the ICU: A Good Death, Trauma and the Presidents." Trauma/Critical Care Conference. Peoria, Il
- 2011 March, "Seeing Real Complications of Transfusions, Bones Blood and More: Complex Pelvic Fracture, Diffuse Axonal Injury, Venothromboembolic Events: The Subtle Killer, Hypothermia in Trauma: The Cold Facts.Trends:Trauma Critical Care Conference. Atlantic City, NJ.
- 2011 May, "Enteral Nutrition and Therapy in the ICU." AACN/NTI. Chicago, Il.
- 2010 January, "Hemodynamics, Pulmonary Emergencies. Paramedic Critical Care Course. Chicago, Il.
- 2010 January, "Endocrine Disease for the Med/Surg Nurse." LUHS Med Surgery Conference. Loyola University, Maywood, Il.
- 2010 March, "Sepsis: We Bundled, Did Our Patients Stay Warm." AACN Chapter Meeting. Maywood, Il.
- 2010 March, "Pulmonary Embolism: The Silent Killer, Complications of Blood Transfusions, Nutrition in the ICU: A Primer. South Africa/ Zimbabwe/Zambia

- 2010 April, "Diffuse Axonal Injury: The Unforgiving Brain Injury and Brain Death: It Is Not as Easy as You Think." Trends Critical Care Conference, Atlantic City, NJ.
- 2010 April, "The Complex Pelvic Fracture, Complications of Blood Transfusions and Hypovolemic Resuscitation." Slice of NTI, Las, Vegas, NV.
- 2010 May, "Pain in the Non-Cancer Patient," LUHS Pain Conference. Loyola University. Maywood, Il.
- 2010 October, "Hypothermia and Coagulation: Avoidance and Treatment. Critical Care Conference. Phila, PA.
- 2010 October, "Nursing in the Third World." Sigma Theta Tau Conference. Loyola University. Maywood, Il.
- 2009 October, "Neuro Assessment for the Non-neuro Nurse." Greater Chicagoland AACN Symposium, Chicago, Il.
- 2009 September, "Death of The Presidents-How Would They Do Today." Region VIII Trauma Symposium, Chicago, Il.
- 2009 August, "Seeing Red: Complications Associated with Blood Transfusions." Grand Rounds Loyola University, Chicago, Il.
- 2009 August, "Hypovolemic Shock, Diagnostics in Trauma." CCEMPT program, Chicago, Il.
- 2009 June, "The Complicated Pelvic Fracture, Hypovolemic Resuscitation: How Low is Too Low." AAPN National Conference, Nashville, TN.
- 2009 May, "Trauma Pearls." Loyola University, Chicago, Il.
- 2009 March, "Complications Associated with Trauma Resuscitation." Berkshire Medical Center, Dalton, MA.
- 2009 January, "Thoracic Trauma." Chicagoland TNS, Chicago, Il.
- 2008 June, "Hypotensive, Hypovolemic Resuscitation", "Complications of Resuscitation." AANP, Nashville, TN.
- 2008 May, "Controversies in Fluid Resuscitation: Do We Need All That Fluid?" NTI, Chicago, Il.
- 2008 April, "Surgery of the Presidents-How Would They Do Today?" Advocate Critical Care Seminar, Niles, Il.

- 2008 March, "Anemia in Trauma: The Good the Bad and the Ugly." Spectrum Seminar, Chicago, Il.
- 2008 March, "Airway in Trauma Its All About the "A", Craniofacial Trauma, The Complex Pelvic Injury, Diagnostics in Trauma –A Mastery Session," Trends Philadelphia, PA.
- 2008 January, "Trauma Care of the Head Injured Patient, Update on SCI." Delnor Hospital, Geneva, Il.
- 2008 January, "Surgery of the Presidents-How Would They Do Today?" Radio Interview Reach MD.
- 2007 November, "Enteral Nutrition: Right Formula, Right Route, Right Time." NW Chapter AACN. Chicago, Il.
- 2007 October, " Abdominal Trauma-Exploring a Non-operative Milieu" Advanced ISPN Conference. Chicago, Il.
- 2007 October, " The Complications of Crush Injury and Rhabdomyolysis." Advocate Critical Care Seminar. Chicago, Il.
- 2007 June, "The Acute Abdomen and Then Some." AANP Conference. Texas.
- 2007 June, "Trauma Resuscitation, Controversies and Evidence. Rush University Graduate SON. Chicago, Il.
- 2007 May, "Trauma-Just the Facts" All day seminar. Central Dupage Hospital. Winfield, Il.
- 2007 May, "The Impact of Crush Injury." ENA Conference. Chicago, Il.
- 2007 May, "So You Want To Be A Trauma Nurse." Career Day Morton High School. Cicero, Il.
- 2007 April, "Shock and Trauma-Breaking the Grip, The Complex Pelvis Injury, Anemia- When Do We Transfuse?" Trauma/Critical Care Conference. Cape Girardeau, Mo.
- 2007 March, "Trauma and the Geriatric, Facial Trauma, Crush Injury." Midwest Conference. Chicago, Il.
- 2006 October, "Trauma: Beyond the Golden Hour-A Full Day Seminar." Delnor Hospital, Geneva, Il.

- 2006 September, "Enteral Nutrition: The Right Formula, the Right Way, the Right Time, Trauma in Developing Nations, Shock: Death of a Cell." Trends in Trauma and Critical Care. Phila., PA.
- 2006 June, "Controversies in Trauma Resuscitation." AANP. Dallas, TX.
- 2006 May, "Enteral Nutrition: The Right Formula, the Right Time, the Right Way. AACN NTI. Anaheim, CA.
- 2006 April, "Caring for the Coagulopathic Patient: No Longer a Bloody Mess." Nursing Spectrum. Oak Brook, IL.
- 2006 April, "Advanced Trauma Care." Hospital-based AACN. Cape Girardeau, MO.
- 2006 March, "Pediatric Resuscitation, Hypothermia." IEMS grant funded. Anchorage and Fairbanks, AK.
- 2006 March, "Diagnostics in Trauma: It is all Not Black and White." Midwest Critical Care Conference. Arlington Heights, IL.
- 2006 March, "Crush Injury, Hypothermia, Fluid Resuscitation." AACN Critical Care seminar. Peoria, IL.
- 2006 February, "Advanced Trauma Nursing: Beyond the Golden Hour" all day seminar, Geneva, IL.
- 2005 November, "Hypothermia in Trauma, Controversies in Trauma Resuscitation." Contemporary Forums, Nashville, TN.
- 2005 October, "Nursing: A Look Back and a Peak into the Future, Advanced Trauma Resuscitation, Abdominal Trauma." Trends in Nursing, Philadelphia, PA.
- 2005 September, "Cardiovascular Assessment: Using All Your Senses." Spectrum. Oak Brook, IL.
- 2005 September, "Ministry and Care." Women's Retreat, White Lake, WI.
- 2005 April, "Shock and Trauma, Why We Are Nurses, Crush Injury: What We Learned from The Wicked Witch of the East." Trends. Philadelphia, PA.
- 2005 April, "Geriatric Trauma Care." ENA National Conference.
- 2005 February, "Trauma Update." Arlington Heights, IL.
- 2005 February, "Cardiovascular Update." Rockford, IL.

- 2005 January, "Trauma and the Elderly." Rockford, Il.
- 2004 November, "Fluid Resuscitation of the Trauma Patient." Infusion Nursing Society National Meeting. Palm Springs, CA.
- 2004 October, "Complex Trauma Resuscitation." Critical Care Nursing Conference. Madison, WI.
- 2004 October, "Chest Injury, Diagnostics In Trauma," Trends. Philadelphia, PA.
- 2004 June, "A Trauma Update." Las Vegas, NV.
- 2004 May, "An Update on Spinal Cord Injury-Keeping it All Straight." ENA National Conference. Chicago.
- 2004 April, "Critical Thinking in Critical Care." Loyola University Critical Care Conference.
- 2004 March, "Cardiac Assessment: An Update." Rockford Critical Care Conference. Rockford, Il.
- 2004 March, "Trauma and the Elderly: A Fragile Population." Midwest Conference. Chicago.
- 2004 February, "Trauma Critical Care: Beyond the Golden Hour." St. Paul, MN.
- 2003 November, "Airway Management in Trauma- It is All About the "A", Diagnostics in Trauma: It is Not All Black and White." Contemporary Forums. New Orleans, LA.
- 2003 October, "Crush Injury." Southern Illinois Regional Trauma Conference.
- 2003 October, "The Impact of Crush Injury, Trauma Resuscitation." Dartmouth Medical Center Trauma Conference. Hanover, NH.
- 2003 September, "Abdominal Trauma-The Hidden Compartment." Arlington Ht., AACN Chapter.
- 2003 April, "Critical Care and the Trauma Patient." Anaheim, CA.
- 2003 March, "Hypothermia in Trauma: The Cold Facts, Trauma Resuscitation: The Art and the Science." AACN Midwest Conference. Chicago, IL.
- 2003 February, "Hypovolemic Shock-Its Not What You Think." Chicago, IL.
- 2002 October, "Contemporary Forums," Chest trauma, Complications of Resuscitation. Chicago.

- 2002 October, "Trauma of the Extremes," guest lecturer. Springfield, Mi.
- 2002 July, "Trauma at the Beach," guest lecturer. Hilton Head, Island, NC.
- 2002 May, "Trauma Putting it All Together." Guest educator for full-day course to facilitate Level II designation. Grand Island, NE.
- 2002 May, "Loving the Unlovable." CCHF Christian Healthcare conference. Philadelphia, PA.
- 2002 May, "Craniofacial Trauma." ENA Chicagoland conference. Chicago.
- 2002 May, "End-points of Resuscitation and Regional Capnography," lecturer for Datex- Ohmeda. Fundamentals of Critical Care Support, course instructor for SCCM.National Teaching Institute, Atlanta, GA.
- 2002 March, "The Violent Abdomen." Chicagoland AACN Midwest Conference. Chicago.
- 2002 March, "Pulmonary Embolism-The Subtle Killer." Nursing Spectrum Job Fair. Milwaukee, Wisconsin.
- 2002 February, "Shock and Critical Care Complications of Trauma." TNS Course, Provena St. Joseph's Hospital. Joliet, Illinois.
- 2002 January, "Trauma-Advanced Sessions." Critical Care Conference. Little Rock, Arkansas.
- 2001 December, "Hypovolemic Shock, Hemodynamic Monitoring in Shock States." Critical Care Seminar. Loyola University Medical Center. Chicago.
- 2001 November, "Hypothermia in Trauma-The Cold Facts." Professional Nursing Series. Loyola University Medical Center. Chicago.
- 2001 October, "Advanced Hemodynamics, Chest Trauma-Exploring a Fragile Cavity, Interesting Case Studies in Trauma, Gastric Tonometry, and Complications of Trauma Resuscitation." Trends Critical Care Conference. Philadelphia, PA.
- 2001 October, "Pulmonary Embolism-A Subtle Killer." Nursing Spectrum Symposium. Chicago.
- 2001 September, "On Being a Missionary Nurse." Nurses Christian Fellowship. Chicago.

2001 June, "Hypovolemic Shock-Its Not What You Think." Nursing Spectrum Symposium. Milwaukee, Wisconsin.

2001 May, "Hypothermia In Trauma: The Cold Facts, Fundamentals of Critical Care Support, course instructor for SCCM, Gastric Tonometry-A New Look at Tissue Perfusion," lecturer for Datex-Ohmeda. National Teaching Institute. Anaheim, California.

2001 April, "Chest Trauma, Acute Pulmonary Embolism in Critical Care." Loyola University Critical Care Conference. Chicago.

2001 April, "The VAC Dressing in Trauma Care." KCI National Conference. Chicago.

2001 March, "Pediatric Resuscitation, Abdominal Trauma in the Pediatric Population." Pediatric Trauma Conference, Oakland, CA.

2001 March, "Chest Trauma-Exploring a Fragile Cavity, Trauma In the Third World." Midwest Critical Care Conference. Chicago.

2001 March, "Hypovolemic Shock-Its Not What You Think." Nursing Spectrum Symposium. Chicago.

2001 January, " Shock in the Trauma Patient." Sacramento, California.

2000 November, "Trauma Critical Care." Colorado Springs, Colorado.

2000 November, "Advanced Hemodynamics." AACN NW Chapter. Chicago.

2000 October, "Gastric Tonometry-A New Look at Tissue Perfusion, Complications of Resuscitation in Trauma." Trends 20th Anniversary Conference. Philadelphia, PA.

2000 October, "Abdominal Compartment Syndrome." Nursing Spectrum Symposium. Chicago.

2000 October, "Advanced Trauma Care." New York, New York.

2000 September, "Chest and Abdominal Trauma in Children: A Case Study." Pediatric Trauma Conference. Chicago.

2000 September, "Teaming Up to Care." Nursing Christian Fellowship. Chicago.

2000 June, "Advanced Trauma Management." Invited speaker to Mississippi Hospital Consortium- US Senator Trent Lott Initiative.

- 2000 June, "Abdominal Compartment Syndrome, Shock in Trauma." Southern California Trauma Conference. San Diego, California.
- 2000 May, "Critical Care of Trauma." TNS Course. Chicago.
- 2000 May, "Advanced Trauma Management." Toronto, Canada
- 2000 May, "Think Before You Drink." Eau Claire, Wisconsin.
- 2000 April, "Secondary Brain Injury, Complications of Trauma." Gore-Farhna Trauma Conference. Wichita, Kansas.
- 2000 April, "Hemodynamic Monitoring." SCCM- FCCS National Course. Chicago.
- 2000 April, "Prevention in Trauma Care." ACNP National Conference. Chicago.
- 2000 March, "Critical Care and the Trauma Patient." CCEMTP Course. Chicago.
- 2000 March, "Trauma in Papua New Guinea." Midwest Critical Care Conference. Chicago.
- 2000 January, "Advanced Hemodynamics." Portland, Oregon.
- 1999 November, "Gastric Tonometry-Tissue Hypoperfusion." Critical Care Conference. Minneapolis, Minnesota.
- 1999 November, "Chest Trauma-Exploring a Fragile Cavity." New York, NY.
- 1999 October, "Critical Care Complications and Hypovolemic Shock." TNS Course. Chicago.
- 1999 October. "Nursing in Developing Nations." Chicago.
- 1999 September, "Critical Care Nursing Review." Canadian Nursing Association. Toronto.
- 1999 August. "Current Trends in Care of the ARDS Patient." Philadelphia, PA.
- 1999 June. "Hypothermia in the Trauma Patient." Ann Arbor, Michigan.
- 1999 May. "The Complicating Sequelae of Trauma Management." NTI, New Orleans. LA.
- 1999 March, "Sepsis and Septic Shock.. What's New?" St. Louis, Missouri.

- 1999 February. "Current Adjuncts in the Cardiac Patient." New York. New York.
- 1998 December. "Critical Care Emergencies." Fargo, North Dakota.
- 1998 July "Pulmonary Related Emergencies." Moraine Valley Community College.
- 1998 July. "Systemic Related Emergencies." Moraine Valley Community College.
- 1998 May. "Pioneer Nursing Understanding and Utilizing the Acute Care Nurse Practitioner Role." Trauma Symposium. Maywood, IL.
- 1998 May. "Critical Care Emergencies." Trauma Nurse Specialist Program. Maywood, IL.
- 1998 April. "Geriatric Trauma." Trauma Conference. New York, New York.
- 1998 March. "Trauma and the Elderly, Maxillofacial Trauma. and Trauma in Developing Nations." Trauma conference. Atlanta, GA.
- 1998 February. "Adult Respiratory Distress Syndrome What's New?" Critical Care Conference. Ann Arbor, MI.
- 1998 February. "Disseminated Intravascular Coagulopathy - Turning off the Tap." Critical Care Conference. Detroit, MI
- 1997 February. "Healthcare in South America." The Illinois Hispanic Nurses Association. Chicago, Illinois.
- 1996 July. "Advising the Overseas Traveler." Pharmacology for the Advanced Practice Nurse. National Center for Advanced Medical Education. Chicago, Illinois. A national conference.
- 1995 "Think Before You Drink." A slide presentation with object lessons. Saint Sebastian High School. Chicago. IL. Western Suburb Mentor Program, Maywood. IL. A community project.
- 1994 October. Medicine Grand Rounds, "Care vs. Cure in the Critically Ill" - an ethics forum. Loyola University Medical Center, Maywood, IL.
- 1993 July. Medicine Grand Rounds, Healthcare in Developing Nations. Loyola University Medical Center. Maywood, IL.
- 1992 "Care of the Patient Undergoing CAVH." Multiple presentations. Loyola University Medical Center. Maywood, IL; Hines Veterans Administration Hospital, Hines, IL.

1991 December. "Exposure Keratitis, Carotid Rupture, "Radiation Implants, Safe Administration of Enteral Feedings, and Care of the Patient with a Trach." Head and Neck Cancer Seminar. Loyola University Medical Center, Maywood, IL.

1991 January. "Maxillofacial Trauma." Loyola University Medical Center Dental School. Maywood. IL.

1989 "Disseminated Intravascular Coagulopathy, Traumatic Shock, and Basic Trauma Care." Critical Care Orientation, Loyola University Medical Center, Maywood, IL.

### **BOOK/CHAPTER REVIEWS:**

**2019** Practice Considerations for Adult – Gerontology Acute Care Nurse Practitioners – 3rd Edition, Barkley Publishing.

**2020** Medical Imaging for the Health Care Provider: Practical Radiograph Interpretation. Author Theresa Campo, DNP, RN. Springer Publishing.

### **SKILLS**

Language

Italian: Conversationally fluent.

### **COMMUNITY SERVICE**

Honor Flight Chicago, medical officer: the mission is to thank and pay tribute to heroes of World War II, Korean War and Viet Nam veterans by bringing them to Washington, D.C. for a day of honor and remembrance at no cost to them.

School and community based educator on topics such as: Drinking and Driving, Teen Violence Prevention, Blood Pressure Monitoring and Stop the Bleed campaign.

Board member of River Commons Housing Authority

· Western suburban resource for high school "Think Before You Drink" program.

· Red Cross volunteer; Plainfield tornado site. DesPlaines River flooding and several multi-dwelling fires.

- Church involvement includes youth worker, Sunday School teacher and nursery volunteer, senior liaison.
- Board member, Silver Birch Ranch, White Lake, WI.
- Silver Birch Ranch, camp nurse, 2000, 2004, 2007, 2017.
- Silver Birch Ranch, camp counselor, 2005, 2006.
- Pacific Garden Mission-medical volunteer

### **CONTINUING EDUCATION**

An extensive summary available upon request.

### **REFERENCES**

Available upon request.