

Dina Tell, Ph.D
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PROFESSIONAL EDUCATION

Postdoctoral Fellowship, Loyola University Chicago – Chicago, IL, 2016

Psychoneuroimmunology

Ph.D., Loyola University Chicago – Chicago, IL, 2009

Developmental Psychology

Concentration in Quantitative Statistics

M.A., Loyola University Chicago – Chicago, IL, 2005

Developmental Psychology

B.A., Case Western Reserve University – Cleveland, OH, 1998

PROFESSIONAL AND RESEARCH EXPERIENCE

Clinical Associate Professor, Loyola University Chicago, Marcella Niehoff School of Nursing, Department of Health Systems & Adult Health, 2021-present.

Research Assistant Professor, Loyola University Chicago, Marcella Niehoff School of Nursing, Department of Health Promotion, 2018-present.

Postdoctoral Fellow, PI: D.Tell Cooper, American Cancer Society PF-12-261-01-CPPB, *Life Adversity, Inflammation, and Behavioral Symptoms in Cancer*, Loyola University Chicago, Schools of Nursing and Medicine, 2012-2018.

Postdoctoral Fellow, MPIs: L.J Janusek & H.L Mathews, National Cancer Institute R01 CA125455, *Mindfulness Based Stress Reduction for Psycho-Immune Dysregulation in Cancer-Role of the Cholinergic Anti-Inflammatory Pathway*, Loyola University Chicago, Schools of Nursing and Medicine, 2009-2012.

Statistical Adviser, Research Computing, Division of Information Services, Loyola University Chicago, Chicago, Illinois, 2004 – 2009

Graduate Research Assistant, Psychology Department, Loyola University Chicago, Chicago, Illinois, 2001 – 2004

Advanced Research Assistant II, Department of Pediatrics, Rainbow Babies & Children' Hospital, University Hospitals of Cleveland, Cleveland, Ohio, 1998 – 2001

Undergraduate Research Assistant, Psychology Department, Case Western Reserve University, Cleveland, Ohio, 1997 – 1998

TEACHING EXPERIENCE

Introductory Statistics for Healthcare Professionals (GNUR 530), Linear Models (GNUR 546), Categorical Data Analysis (GNUR 547), Quantitative Methods for Nursing (GNUR512), Statistics in Psychology (PSYCH 304), Research Methods in Psychology (PSYCH 306), Laboratory in Developmental Psychology (PSYCH 318), Developmental Psychology (PSYCH 273)

Instructor, Loyola University Chicago, Chicago, Illinois, 2003 – 2021

FUNDING AND RESEARCH SUPPORT

March of Dimes, Association of Women's Health, Obstetric and Neonatal Nurses

PI - Lindsey Garfield

Dina Tell Cooper (Co-Investigator)

Reducing Disparities in Postpartum Care Utilization: Development of a Clinical Risk Assessment Tool

Health Eq – Loyola University Chicago Strategic Plan 2020

internal funding - 08/01/17 – 06/30/17

Dina Tell Cooper (Co-Investigator)

MPIs – Linda Janusek and Herbert Mathews

Identification of Epigenomic Pathways Linking Social Adversity and Stress to Health Disparities

Health Eq – Loyola University Chicago Strategic Plan 2020

internal funding - 08/01/17 – 06/30/17

Dina Tell Cooper (Co-Investigator)

PI – Karen Saban

Race-Based Stress Reduction and Resilience Program for African American Women at Risk for Cardiovascular Disease

American Cancer Society PF-12-261-01-CPP

Dina Tell Cooper (PI; postdoctoral fellow)

Mentors – Linda Janusek and Herbert Mathews

09/01/12-08/31/2015

Life Adversity, Inflammation, and Behavioral Symptoms in Cancer

NCI R01 CA125455-02S1

Dina Tell (Postdoctoral fellow)

MPIs - Linda Janusek and Herbert Mathews

09/01/09-08/01/2012

Mindfulness Based Stress Reduction for Psycho-Immune Dysregulation in Cancer –

PUBLICATIONS

Tenfelde S., Joyce, C., **Tell, D.**, Masinter, L., Wallander-Gemkow, J., and Garfield, L. (2022) Reducing Disparities in Postpartum Care Utilization: Development of a Clinical Risk Assessment Tool. *Journal of Midwifery & Women's Health*.

Saban K., **Tell D.**, and DeLaPena P (2022). The Nursing Implications of Mindfulness-Informed Interventions for Stroke Survivors and Their Families .*Stroke*.

Tell, D., Burr L. B., Mathews, H. L., & Witek Janusek, L. (2021). Heart Rate Variability and Inflammatory Stress Response in Young African American Men: Implications for Cardiovascular Risk. *Frontiers in Cardiovascular Medicine*.

Garfield, L., **Tell, D.**, Masinter, L., Gemkow, J., Tenfelde, S. (2021). For Low-Income Women Receiving Prenatal Care, Race Matters. *MIDRS Midwifery 460 Digest*, 31:4

Saban, K., Mathews, H.L., **Tell, D.**, & Witek Janusek, L. (2021). Preliminary Evidence for a Race-Based Stress Reduction Intervention for Black Women at Risk for Cardiovascular Disease. *Complementary Therapies in Medicine*. Accepted for publication.

Saravanan A., Bajaj, P., Mathews, H.L, **Tell, D.**, Starkweather A., & Janusek, L. (2021). Social Support is Inversely Associated with Sleep Disturbance, Inflammation, and Pain Severity in Chronic Low Back Pain. *Nursing Research*. In press

Saravanan A., Bajaj, P., Mathews, H.L, **Tell, D.**, Starkweather A., & Janusek, L. (2021). Behavioral Symptom Clusters, Inflammation, and Quality of Life in Chronic Low Back Pain. *Pain Management Nursing*. In press

Tenfelde, S., **Tell, D.**, Garfield, L., Mathews, H.L, & Janusek, L. (2020). Yoga for Women With Urgency Urinary Incontinence: A Pilot Study. *Female pelvic medicine & reconstructive surgery*. 27 (1), 57-62.

Janusek L., **Tell D.**, and Mathews H,L. (2020). Mindfulness Predicts Psycho-behavioral Improvement after Breast Cancer Diagnosis: Influence of Childhood Adversity. *Western Journal of Nursing Research*. PMID: 32508281

Janusek L., **Tell D.**, and Mathews H,L. (2019). Mindfulness based stress reduction provides psychological benefit and restores immune function of women newly diagnosed with breast cancer: A randomized trial with active control. *Brain Behavior Immunity*. 80, 358-372. PubMed PMID: 30953776.

Saban, K.L., **Tell, D.**, Janusek L. (2019). Resilience in African American Women at Risk for Cardiovascular Disease: an Exploratory Study. *Journal of Urban Health*. 96, 44-49.

Tenfelde, S., **Tell, D.**, Brincat, C., & Fitzgerald, C. M. (2019). Musculoskeletal Pelvic Pain and Sexual Function in the First Year After Childbirth. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 48(1), 59-68.

Witek Janusek, L, **Tell, D.**, and Mathews, HL (2019). Epigenetic perpetuation of the impact of early life stress on behavior. *Current Opinion in Behavioral Sciences*. 28: 1-7.

Tell, D., Mathews, H.L., Burr, R.L. and Witek Janusek, L. (2018). During stress, heart rate variability moderates the impact of childhood adversity in women with breast cancer. *Stress*. 21(2):179-187. doi: 10.1080/10253890.2018.1424132. PMID 29385886

Saban K.L., Mathews, H.L., Bryant, F.B., **Tell, D.**, Joyce, C, DeVon, H.A., and Witek Janusek L. (2018). Perceived discrimination is associated with the inflammatory response to acute laboratory stress in women at risk for cardiovascular disease. *Brain Behav Immun.*73:625-632. doi: 10.1016/j.bbi.2018.07.010. PMID: 30012518.

Misale, M.S., Witek Janusek, L., **Tell, D.**, and Mathews, H.L. (2017). Chromatin organization as an indicator of glucocorticoid induced natural killer cell dysfunction. *Brain Behav. Immun.* In press.

Janusek, L, **Tell, D.**, Gaylord-Harden, N, and Mathews, HL (2017). Relationship of childhood adversity and neighborhood violence to a proinflammatory phenotype in emerging adult African American men: An Epigenetic Link. *Brain, Behavior, and Immunity*, 60:126-135. PMID 27765646

Keough, V.A., **Tell, D.** & Tanabe, P. (2016). Unique Educational Needs of Emergency Nurse. *Advanced Emergency Nursing Journal*, 38 (4), 300-307.

Yi, J., Tenfelde, S., **Tell, D.**, Brincat, C., & Fitzgerald, C. (2016). Triathlete risk of pelvic floor disorders, pelvic girdle pain and the female athlete triad, *Female Pelvic Medicine & Reconstructive Surgery*,22(5), 373-376. PMID: 27403753

Tenfelde, S., **Tell, D.**, Thomas T.N., & Kenton K. (2015). Quality of life in women who use pessaries for longer than 12 months. *Female Pelvic Med Reconstructive Surgery*, 21(3), 146-149. PMID: 25521465

Saban, K.L., Mathews, H.L., Collins, E.G., Hogan, N.S., **Tell, D.**, Bryant, F.B., Pape, T.L. Griffin, J.& Witek Janusek, L. (2014). The Man I Once Knew: Grief and Inflammation in Female Partners of Veterans with Traumatic Brain Injury. *Biological Research for Nursing*, 18(1), 50-59. PMID:25636402

Tell, D., & Mathews H, Janusek, LW. (2014). Day-to-day dynamics of associations between sleep, napping, fatigue and the cortisol diurnal rhythm in women diagnosed with breast cancer, *Psychosomatic Medicine*, 75(7): 519-528. PMID: 25186656

Tell, D., & Davidson, D. (2014). Emotion recognition from congruent and incongruent emotional expressions and situational cues in children with autism spectrum disorder. *Autism*, 1362361314535676.

Tell, D., Davidson, D., & Camras, L. A. (2014). Recognition of Emotion from Facial Expressions with Direct or Averted Eye Gaze and Varying Expression Intensities in Children with Autism Disorder and Typically Developing Children. *Autism research and treatment*, 2014.

Witek-Janusek, L., **Tell, D.**, Albuquerque, K., & Mathews, H. (2013). Childhood adversity increases risk for behavioral symptoms and immune dysregulation in women with breast cancer. *Brain Behav Immun.* S149-2. doi: 10.1016/j.bbi.2012.05.014. PMCID: PMC3492527

Albuquerque K., **Tell, D.**, Gabram S., Mathews, H., & Witek-Janusek, L. (2012). Impact of Partial Versus Whole Breast Radiation Therapy on Fatigue, Perceived Stress, Quality of Life

and Natural Killer Cell Activity in Women with Breast Cancer:-A prospective pilot study. *BioMedCentral- Cancer*, 12:251-262.

Davidson, D., & Tell, D. (2005). Monolingual and Bilingual Children's Use of the Mutual Exclusivity Principle in the Naming of Whole Objects. *Journal of Experimental Child Psychology*, 92, 25-45.

Book Chapters

Witek-Janusek, L., Tell, D., & Mathews, H. (2012). *Stress, Immunity, and Health Outcomes*. In V. H Rice Handbook of Stress, Coping, and Health. Sage Publications, CA.

Witek-Janusek, L., Tell, D., & Mathews, H. (2012). *Epigenetics and Stress: A Life Course Perspective*. In V. H Rice, Handbook of Stress, Coping, and Health. Sage Publications, CA.

PROFESSIONAL CONFERENCES AND PRESENTATIONS

Oral Presentations

Tell, D. (2018). *During Stress, Heart Rate Variability Moderates the Impact of Childhood Adversity in Women with Breast Cancer*. Oral session presented at the 9th Annual Brain, Behavior and Immunity, Chicago, Illinois.

Tell, D. (2015). *Influence of Childhood Adversity and Epigenetic Profile on Inflammation in women with Breast Cancer*.

Tell, D. (2015). *Early Life Adversity Amplifies Adult Proinflammatory Stress Response: Evidence for Epigenetic Embedding*. Oral session presented at the Symposium: Epigenetic Discovery at 39th Annual Midwestern Nursing Research Society, Indianapolis.

Tell, D. (2015). *Childhood Adversity and Neighborhood Violence Amplifies Adult Proinflammatory Stress Response: Evidence for Epigenetic Embedding*. Oral Session presented at Palmer Symposium, Loyola University Chicago

Tell, D. (2014). *Relationship of day to day variation in sleep and fatigue with the cortisol diurnal rhythm in women diagnosed with breast cancer*. Oral session presented at the Annual Brain, Behavior and Immunity, Chicago, Illinois.

Tell, D., Mathews, HL., & Witek-Janusek, L. (2013). *Early Life Adversity and Epigenetic Imprinting: Associations with Increased Proinflammatory Cytokines in Women with Breast Cancer*. Oral poster session presented at the Midwestern Nursing Research Society, Chicago, Illinois.

Tell, D. (2011). *Psychoneuroimmunology: Mind-Body Approaches to Enhancing Immunity*. Oral session presented at LUMC Psychosocial Needs of Cancer Patients: Meeting the Challenge Symposium, Chicago, Illinois.

Tell, D. (2010). *Psycho-NeuroEndocrine-Immune Stress Reactivity in Women with Cancer*. Oral session presented at the Annual Brain, Behavior and Immunity, Chicago, Illinois.

Data-Based Poster Presentations

Saban, K., Collins, E., **Tell, D.**, Smith, L., Mathews, H.L., Janusek, L.W (2022). *Association of Early Life Adversity, Psychological Distress, and Inflammatory Markers in Women Veterans*. Poster presentation presented at the Virtual Annual Ruth K. Palmer Research Symposium. In Pursuit of Truth: The Critical Role of Research in Health Care, Chicago, IL

Saban, K., Collins, E., **Tell, D.**, Smith, L., Mathews, H.L., Janusek, L.W (2022). *Association of Early Life Adversity, Psychological Distress, and Inflammatory Markers in Women Veterans*. Poster presentation presented at Midwest Nursing Research Society 45th Annual Research Conference. Chicago, IL

Saban, K., Zilliox, M., **Tell, D.**, Mathews, H.L., Janusek, L.W (2021). *Early Life Adversity is Associated with Differential MiRNA Expression in Older African American Women at Risk for Cardiovascular Disease*. Poster presentation presented at the Virtual Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL

Sindewald, D., **Tell, D.**, Mathews, H.L., Saban, K., Janusek, L.W. (2021). *Cardiac Rehabilitation: Impact on Psycho-behavioral Symptoms, Inflammation, Cardiac Health, and Quality of Life*. Poster presentation presented at the Virtual Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL

Tell, D., Mathews, H.L., & Janusek, L. (2020). *Childhood Adversity and the Psycho-behavioral Response to Mindfulness Based Stress Reduction in Women Diagnosed with Breast Cancer*. Poster presentation presented at Midwest Nursing Research Society 44th Virtual Annual Research Conference: Advancing Research Nursing with Diverse Population. Chicago, IL.

Tell, D., Mathews, H.L., & Janusek, L. (2020). *Childhood Adversity and the Psycho-behavioral Response to Mindfulness Based Stress Reduction in Women Diagnosed with Breast Cancer*. Poster session accepted at 78th Annual Scientific Meeting of the American Psychosomatic Society: Achieving Health Equity, Long Beach, CA.

Tell, D., Mathews, H.L., Slavich G.M, & Janusek, L. (2019). *Association of Lifetime Stress and Behavioral Symptoms in Women Newly Diagnosed with Breast Cancer Differ by Types of Stressors Experienced*. Poster session presented at 77th Annual Scientific Meeting of the American Psychosomatic Society: Body to Mind, Vancouver, BC, Canada.

Tell, D., Mathews, H.L., Slavich G.M, & Janusek, L. (2019). *Association of Lifetime Stress, As Assessed by the Stress and Adversity Inventory (STRAIN), with Behavioral Symptoms in Women Newly Diagnosed with Breast Cancer*. Poster session presented at the 33th Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL.

Saravanan, A., **Tell, D.**, Mathews, H.L., & Janusek, L. (2019). *Behavioral Symptom Clusters, Inflammation, and Quality of Life in Chronic Low Back Pain Patients*. Oral/poster session presented at the 33th Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL.

Janusek, L., **Tell, D.**, & Mathews H.L. (2019). *Mindfulness Improvements in Sleep and Fatigue Associate with More Rapid Restoration of Immune Function in Women with Breast Cancer*. Poster session presented at the 33th Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL.

Saban, K.L., Mathews H.L., **Tell, D.**, Conway-Philips, R., Shawahin, L., Motley, D., & Janusek, L (2019). *Rise to Prevent Cardiovascular Disease in African American Women: A Pilot Study*. Poster session presented at the 33th Annual Ruth K. Palmer Research Symposium. The Intersection of Research and Health, Chicago, IL.

Tell, D., Gaylord-Harden, N., Mathews, H.L., & Janusek, L. (2018). *Adaptive Coping Behaviors and Social Support Modify Stress Reactivity of Emerging Adult African American Men*. Poster session presented at the 32th Annual Ruth K. Palmer Research Symposium, Chicago, IL.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2018). *Sleep Quality During Pregnancy: Relationship with Psychological Well Being and Inflammation Across Pregnancy*. Oral presentation accepted to present, April 12-15, 2018, Midwest Nursing Research Society 42th Annual Research Conference: The Future of Nursing Research: Economic Realities and Creative Solutions. Cleveland, OH.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2018). *Hair Cortisol as a Novel Approach to Evaluate Cumulative Stress Across Pregnancy*. Oral presentation accepted to present: Women's Health & Transition in Childbearing Research Section Competitive Symposium, April 12-15, 2018 at Midwest Nursing Research Society 42th Annual Research Conference: The Future of Nursing Research: Economic Realities and Creative Solutions. Cleveland, OH.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2017). *Birth Outcomes: A Study of Anxiety, Depression and Stressors Across Pregnancy*. Oral presentation: Illinois Society for Advanced Practice Nursing, ISAPN - APN Midwest Conference 2017, October 6, 2017, Lisle, IL.

Tell, D. Mathews, H.L., & Janusek, L. (2017). *Influence of Childhood Family Social Environment on the Stress Reactivity of Emerging Adult African American Men: Evidence of Epigenetic Embedding*. Poster session presented at the 31th Annual Ruth K. Palmer Research Symposium, Building Opportunities: Using Data Science to Improve Population Health Outcomes, Chicago, IL.

Janusek, L., Kotz, K., **Tell, D.**, Garfield, L., Misale, M., & Mathews, H. (2017). *Relationships of Epigenetic Pathways and Proinflammatory Cytokines to Depressive Symptoms in Pregnant Women*. Poster presentation: 31th Annual Loyola University Chicago Ruth K. Palmer Research Symposium, March 24, 2017, Mobilizing Innovative Technology to Transform Research and Promote Health, Chicago, IL.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2017). *Stressors in Pregnancy; Impact on Neonatal Outcomes*. Oral presentation: Midwest Perinatal Conference, April 4, 2017, Rockford, IL.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2017). *Social Support Attenuates the Influence of Maternal Childhood Adversity on Maternal-Infant Health Outcomes*. Oral presentation: Women's Health & Transition in Childbearing Research Section Competitive

Symposium, April 6-9, 2017 at Midwest Nursing Research Society 41th Annual Research Conference: Harnessing Big Data and Nursing Science to Improve Health, Minneapolis, MN.

Tell, D. Mathews, H.L., Burr, R.L., & Janusek, L. (2016). *Childhood Adversity and Vagal Tone Modulate The Stress-Immune Response to The Trier Social Stress Test In Women With Breast Cancer*. Poster session presented at the 30th Annual Ruth K. Palmer Research Symposium, Building Opportunities: Using Data Science to Improve Population Health Outcomes, Chicago, IL.

Tell, D. Mathews, H.L., Burr, R.L., & Janusek, L. (2016). *Childhood Adversity and Vagal Tone Modulate The Stress-Immune Response to The Trier Social Stress Test In Women With Breast Cancer*. Poster session presented at the 30th Annual Ruth K. Palmer Research Symposium, Building Opportunities: Using Data Science to Improve Population Health Outcomes, Chicago, IL.

Kotz, K., **Tell, D.**, Mathews, H. & Witek Janusek, L. (2016). *Social Support Buffers The Effect of Maternal Childhood Adversity on Neonatal Outcomes*. Poster session presented at the 30th Annual Loyola University Chicago Ruth K. Palmer Research Symposium, Building Opportunities: Using Data Science to Improve Population Health Outcomes, Chicago, IL.

Kotz, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2016). *Childhood Adversity Influences Depressive Risk and Elevated TNF Alpha During Pregnancy, Impacting Birth Outcomes*. Poster session presented at Southern Wisconsin Association of Neonatal Nurses (SWANN) 3rd Annual Conference, Creating a Culture of Compassion, Waukesha, WI.

Kotz, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2016). *Impact of Maternal Childhood Adversity on the Psycho-Neuroendocrine-Inflammatory Profile During a Normal Low-Risk Pregnancy*. Poster session presented at Southern Wisconsin Association of Neonatal Nurses (SWANN) 3rd Annual Conference, Creating a Culture of Compassion, Waukesha, WI.

Kotz, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2016). *Social Support Buffers the Impact of Maternal Childhood Adversity on Neonatal Outcomes*. Poster session Midwest Nursing Research Society 40th Annual Research Conference: Milwaukee, WI.

Tell, D., Burr, R., Mathews, H., & Witek-Janusek, L. (2015). *Chronic Stress and Childhood Adversity Modulate Vagal and Stress-immune Response to the Trier Social Stress Test in Women with Breast Cancer*. Citation Poster presented at 73rd Annual Meeting American Psychosomatic Society, Savannah, Georgia.

Witek-Janusek, L., **Tell, D.**, & Mathews H.L. (2015). *Epigenetic Profile of Women with Breast Cancer Exhibiting a Proinflammatory Phenotype*. Poster session presented at 73rd Annual Meeting American Psychosomatic Society, Savannah, Georgia.

Tell, D., Burr, R., Mathews, H., & Witek-Janusek, L. (2015). *Childhood Adversity and Chronic Stress Influence Vagal Tone and the Proinflammatory Response to Acute Stress in Women with Breast Cancer*. Poster session presented at the 22nd Annual Psychoneuroimmunology Research Society Meeting, Seattle, Washington.

Witek Janusek, L., **Tell, D.**, & Mathews H.L. (2015). *Mindfulness Based Stress Reduction Improves Psychological Well-Being and Restores Immune Function in Women with Breast Cancer, from Diagnosis Through 6-months Post-Cancer Treatment*. Poster session presented at the 22nd Annual Psychoneuroimmunology Research Society Meeting, Seattle, Washington.

Witek Janusek, L., **Tell, D.**, & Mathews H.L. (2015). *Epigenetic Profile of Women with Breast Cancer Exhibiting A Proinflammatory Phenotype*. Poster session presented at the 22nd Annual Psychoneuroimmunology Research Society Meeting, Seattle, Washington.

Kotz, K., **Tell, D.**, Mathews, H.L., & Witek Janusek, L. (2015). *Childhood Adversity and the Maternal Psychological-Inflammatory Profile During Pregnancy*. Oral session presented at the 22nd Annual Psychoneuroimmunology Research Society Meeting, Seattle, Washington.

Tell, D., Burr, R., Mathews, H., & Witek Janusek, L. (2014). *Day-to-Day Dynamics of Associations Between Childhood Adversity and Cortisol Diurnal Rhythm in Women Diagnosed with Breast Cancer*. Poster session presented at the 21th Annual Psychoneuroimmunology Research Society Meeting, Philadelphia, PA.

Fishe, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2014). *Pregnancy Specific Anxiety and Distress is Related to Increased IL-6 during the Second Trimester of Pregnancy*. Oral session presented at the the Annual Brain, Behavior and Immunity, Chicago, Illinois.

Fishe, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2014). *Childhood Adversity Increases Risk for Depressive Symptoms and Elevated Proinflammatory Cytokines*. Poster session presented at the Psychoneuroimmunology Research Society's 21th Annual Scientific Meeting, Philadelphia, PA.

Fishe, K., **Tell, D.**, Mathews, H., & Witek Janusek, L. (2013). *Pregnancy Specific Anxiety and Distress is Related to Increased IL-6 during the Second Trimester of Pregnancy*. Poster session presented at the PsychoNeuroImmunity (PNI) Research Society's 20th Annual Scientific Meeting, Stockholm, Sweden.

Tell, D., Mathews, H.L., & Witek Janusek, L. (2013). *Early Life Adversity and Epigenetic Imprinting: Associations with Increased Proinflammatory Cytokines in Women with Breast Cancer*. Poster presented at the 23rd Annual Loyola University Chicago Ruth K. Palmer Research Symposium, Loyola University Chicago, Illinois.

Witek Janusek, L., **Tell, D.**, Fishe, K., Gaylord-Harden, N., & Mathews, H. (2012). *Influence of Childhood Adversity and Neighborhood Violence on Inflammatory Risk in Young Urban African American Men*. Poster session presented at the 19th Annual Psychoneuroimmunology Research Society Meeting, San Diego, California.

Tell, D., Burr, R., Mathews, H., & Witek-Janusek, L. (2011). *Vagal Tone and Childhood Adversity Modulate the Stress-Immune Response to the Trier Social Stress Test in Women with Breast Cancer*. Poster session accepted at the 18th Annual Psychoneuroimmunology Research Society Meeting, Chicago, Illinois.

Janusek, L., **Tell, D.**, V. Bednar., Fishe, K., & Mathews H. (2011). *Prior Life Adversity, Inflammation, and Behavioral Symptoms In Women with Breast Cancer*. Poster session

accepted at the 18th Annual Psychoneuroimmunology Research Society Meeting, Chicago, Illinois.

Tell, D., Burr, R., Mathews, H., & Witek Janusek, L. (2011). *Heart Rate Variability, Cortisol, and Immune Response to Evaluative Social Stress in Women with Breast Cancer*. Poster accepted at the 23rd Annual Loyola University Chicago Ruth K. Palmer Research Symposium, Loyola University Chicago, Illinois.

Ortiz, R., **Tell, D.**, Singh, J., Kotz, K., Schenone, T., Mathews, H.L., & Witek Janusek, L. (2011). *Global DNA Methylation in Peripheral Blood Mononuclear Cells Predicts Prolonged Elevations of Plasma IL-6 in Women Throughout the Breast Cancer Trajectory*. Poster session presented at the 32nd Annual St. Albert's Research Conference, Loyola University Stritch School of Medicine, Chicago. IL.

Tell, D., Burr, R., Mathews, H., & Witek-Janusek, L. (2010). *The Cholinergic Anti-Inflammatory Pathway Modulates the Proinflammatory Cytokine Response to the Trier Social Stress Test in Women with Breast Cancer*. Poster session presented at USF Health Cytokines in the Sand Conference, Clearwater, Florida.

Tell, D., Burr, R., Mathews, H., & Witek-Janusek, L. (2010). *Heart Rate Variability, Cortisol and Proinflammatory Cytokine Response to Evaluative Social Stress in Women with Breast Cancer*. Poster session presented at the St. Albert's Research Conference Loyola University Medicine, Chicago, Illinois.

Konley, T . L., **Tell, D.**, Witek-Janusek, L., & Mathews, H. (2010). *Methodological and Conceptual Issues of Cortisol Measurement*. Poster session presented at the St. Albert's Research Conference Loyola University Medicine, Chicago, Illinois.

Tell, D., Fische, K., Janusek, L., & Mathews H. (2010). *Psychoneuroimmunology and Treatment Decision Making in Women Diagnosed with Ductal Carcinoma In Situ*. Poster session presented at the 17th Annual Psychoneuroimmunology Research Society Meeting, Dublin, Ireland.

Fische, K., **Tell, D.**, Janusek, L., & Mathews H. (2010). *From Cancer Diagnosis Through Treatment: Trajectory of Change in Psychological Well-Being, Decision-Making, and Circulating Cortisol Levels*. Poster session presented at the 17th Annual Psychoneuroimmunology Research Society Meeting, Dublin, Ireland.

Tell, D., & Davison, D (2010). *Recognition of Facially Expressed Emotions in Children With and Without Autism: The Role of Eye-Gaze Direction*. Poster presented at the Palmer Research Symposium, Neihoff School of Nursing, Loyola University Chicago.

Davidson D., Raschke, V., & **Tell, D.** (2010). *Children's Memory and Understanding of Emotion in Illustrated Stories*. Poster session presented at Conference on Human Development, New York, New York.

Tell, D & Davidson, D. (2009). *Recognition of Facially Expressed Emotions in Children With and Without Autism: The Role of Eye-Gaze Direction*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Denver, Colorado.

Davidson, D., Raschke V., & **Tell, D.** (2008). *Children's Age Stereotypes Effects Their Person Perception and Memory*. Poster session presented at the Midwestern Psychological Association, Chicago, Illinois.

Tell, D., & Davidson, D. (2007). *The Role of Basic and Self-Conscious Emotions on Four Features of Autobiographical Memory and Clarity of Self-Concept*. Poster session presented at the Annual Adult Development Symposium, Boston, Massachusetts.

Tell, D., Davidson, D., & Bryant, F. (2005). *Autobiographical Memory and the Clarity of Self-Concept*. Poster session presented at the Midwestern Psychological Association Conference, Chicago, Illinois.

Davidson, D., & **Tell, D.** (2005). *Monolingual and Bilingual Children's Use of the Whole Object Principle*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Atlanta, Georgia.

Davidson, D., **Tell, D.**, Aldawoodi L. (2005). *Young Children's Understanding and Memory of Emotional and Non-Emotional Information*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Atlanta, Georgia.

Davidson, D., **Tell, D.**, & Jensen, M. A. (2003). *Young Children's Understanding of, and Memory for, Emotional and Non-emotional Information in Text*. Poster session presented at the Biennial Meeting of Cognitive Development, Park City, Utah.

Davidson, D., Patel, N., & **Tell, D.** (2003). *The Formation and Use of Stereotypes in Young Children*. Poster session presented at the SRCD Biennial Meeting, Tampa, Florida.

Brodson, N. J., Bruss, P. J., Fazio, S., Franks, E. A., Jensen, M. A., Kolmodin, K. E., **Tell, D.**, & Richards, M. H. (2003). *Experience of Discretionary Time in Urban African American Youth*. Poster session presented at the Annual Convention of the American Psychological Association, Toronto, Canada.

Williams, T., Davidson, D., & **Tell, D.** (2003). *The Effects of Skin Tone Stereotypes and Perceived Skin Tone on Children's Memory and Perception of Others*. Poster session presented at the Biennial Meeting of Cognitive Development, Park City, Utah.

Redline, S., Emancipator, J., Sorovec, S. A., Husami, N. J., **Tell, D.**, & Bivins, S. (2000). *Prevalence of Sleep Disordered Breathing In A Community-Based Sample Of 8-10 Year Old Children*. Poster session presented at the 96th American Thoracic Society International Conference, Toronto, Canada.

Tell, D. (1997). *Similarity and Difference between Phonological Factors and Background Speech in Bilingual Adults*. Poster session presented at the Annual Student Psychology Conference, Cleveland, Ohio.

Professional Training

4/30/2021

Fixed Effects, Random Coefficients, and Centering: Implications for Causal Inference for Multilevel Data. Stephen W. Raudenbush, Ph.D; Scientific Software International, Inc

08/04/2020-08/07/2020

Longitudinal Data Analysis Using R. Stephen Vaisey, Ph.D; Statistical Horizons

5/24-6/21/2018

Treatment Effects Analysis. Stephen Vaisey, Ph.D; Statistical Horizons Temple University, Philadelphia

PROFESSIONAL SERVICE

Reviewer for Journal of Psychosomatic Medicine

Reviewer for Journal of Behavioral Medicine

Reviewer for International Journal of Psychoneuroendocrinology

Reviewer for Journal of Psychosomatic Research

Member of American Psychosomatic Medicine Society

Member of Midwest Nursing Research Society

Member of Psychoneuroimmunology Research Society

Member of Society for Research in Child Development

Member of Midwestern Psychological Association

Alumni Coordinator, Developmental Psychology Program, Loyola University Chicago

Treasurer, Developmental Students Association, Loyola University Chicago

Member, Golden Key Honors Society (1997)

Secretary, International Club, Case Western Reserve Student Association (1996)