

# Lindsey Garfied, PhD, RN, WHNP

Email: [lgarfied@luc.edu](mailto:lgarfied@luc.edu), Office: 773-508-2887

## **A. Professional/Educational Preparation:**

- Doctor of Philosophy of Nursing:** 2012  
*University of Illinois at Chicago*  
Research interests include identification of mechanistic pathways that drive perinatal depression in vulnerable populations  
GPA graduate studies: 3.88/4.0
- Post-Masters Certificate for Women's Health Nurse Practitioner:** 2011  
*University of Illinois at Chicago*
- Master of Science in Nursing:** 2009  
*University of Illinois at Chicago*
- Teaching Certificate in Nursing Education:** 2008  
*University of Illinois at Chicago*
- Bachelors of Science in Nursing:** 2003  
*University of Illinois at Chicago*
- Bachelors of Science:** 2001  
*University of Illinois at Urbana Champaign*  
Major Physiology, Minor Chemistry

## **B. Professional Experience**

- Teaching:** 2016 – Present  
Assistant Professor, Tenure-Track (2018),  
Non-Tenure Track (2016-2018)  
*Loyola University Chicago*
- Instruct students in nursing curriculum in GNUR 102 Introduction to Nursing, GNUR 293 Pathophysiology, GNUR 294 Pharmacology, GNUR 361 Ethics
  - Mentor graduate and undergraduate students
  - Engage in research activities including data collection, analysis, and dissemination on my own projects as well as helping students.
  - Serve on Marcella Niehoff School of Nursing Committees, including UNAPR and Awards and Scholarship
  - Guest lecture for HSM 230 Fundamentals in Health Equity at LUC
  - Provide service to the profession and the community. Including being an officer for Sigma Theta Tau, reviewing manuscripts for journals, reviewing grant applications for MNRS, and educating the community about nursing
- Teaching Assistant 2008  
*University of Illinois at Chicago*
- Teach undergraduate discussion section of statistics for nurses
- Graduate Statistics Tutor 2004 - 2005  
*University of Illinois at Chicago*

- Aid in nursing student understanding of statistics through office hours

**Research:**

Postdoctoral Research Associate 2014 – 2016  
*Loyola University Chicago*

- Conduct research related to the biobehavioral mechanisms of perinatal depression in a minority sample
- Conduct research related to epigenetics and gestational diabetes
- Assist in GNUR 293 Pathophysiology course Fall 2015 during a faculty leave (facilitated classroom case studies, tutored students during office hours, administered an exam, and fielded questions by email/Sakai)
- Pursue new knowledge through graduate level courses related to current research and future interest (post-graduate courses: GNUR 530, Frontiers in Psychoneuroimmunology, Spring 2014; GNUR 542, Grantsmanship, Spring, 2016; MNSON Writing Workshop, 2015)

Irving Harris Postdoctoral Research Fellow 2012 – 2014  
*University of Illinois at Chicago*

- Dissemination of knowledge gained during doctoral training through presentations and manuscripts
- Co-teach graduate level course (UIC NUSC 585: Women’s Health)
- Pursue new knowledge through graduate level research seminars, grantsmanship course, and perinatal mental health journal club

Ruth L. Kirschstein F-31 fellowship 2007 – 2011  
*University of Illinois at Chicago*

- Pursue new knowledge through doctoral training
- Dissemination of knowledge through presentations at regional and national conferences
- Conduct research related to perinatal mood in vulnerable populations including low income African American women and low income women with a neonate in the intensive care unit

Visiting Research Specialist 2006 – 2007  
*University of Illinois at Chicago*

- Local project manager for NINR R01 funded study (RO1 NR009418, PI: Diane Holditch-Davis, Duke University)
- Recruitment of subjects, data entry, participant retention

**Clinical:**  
 Staff Nurse 2003 – 2010  
*Northwestern Memorial Hospital*

- Labor and Delivery at Prentice Women’s Hospital

**C. Licensure and Certifications**

**Licensed as a Registered Nurse (State of Illinois)** 2003 – Present  
 #041-335501

**Licensed as Women’s Health Care Nurse Practitioner** 2012 – 2018  
 NCC# GAR1043688-40

**Licensed as an Emergency Medical Technician**  
#B1338158

2001 – 2003

#### **D. Grants submitted and Funding Status**

##### **Research Grants**

###### External Research Grants:

National Institute of Nursing Research (NINR). K23 2021

Mentored Patient Oriented Career Development Award – Clinical Trial was submitted for the project *Randomized Trial of Mindfulness for African American Mothers with a Preterm/Low-Birthweight Infant (MAAPI)*.

March of Dimes Margaret Comerford Freda "Saving Babies, Together®" 2019

The March of Dimes and the Associations of Women's Health, Obstetric, and Neonatal Nursing (AWHONN) has a joint annual grant awarded for individual research aimed at improving the health of mothers, babies, and families. This grant was awarded for the project *Reducing Disparities in Postpartum Care Utilization: A Community Engaged Approach*. This project is a community engagement project working the Alliance Chicago and the Federally Funded Quality Healthcare Centers (FQHC).

Sigma Theta Tau International (STTI) 2015 – 2016  
Small Grants Award.

The Sigma Theta Tau International Small Grants award for funded the project "Perinatal Depressive Risk in Minority Women: Early Life Adversity and Epigenetic Proinflammatory Phenotype." This project examines the relationships between early life adversity, DNA methylation, proinflammatory cytokines, and oxytocin in African American and Hispanic women perinatally.

###### Internal Research Grants:

Palmer COVID funding 2020 – Present

The MNSON Palmer COVID-19 Funding was a \$3000 award given to three MNSON research projects investigating the effects of COVID-19. This grant was awarded for the PERFECT (**PER**inatal **F**ocused **E**xperiences during **COVID-19** Time period) study, which aims to acquire changes in perinatal stress, depression, social support, and maternal-infant interactions during COVID-19. The PERFECT study is longitudinal with a convenience sample of 100 pregnant women that are followed postpartum. This study began recruitment in December 2020 and is currently ongoing.

MNSON Start-up Funds. 2018 - Present

The MNSON Start-up Funds is awarded to new faculty after completion of application process. This grant was awarded for the project *Mindfulness Based Stress Reduction for Mothers with Low Birthweight Infants in the NICU*. This qualitative project included interviews of African American mothers with infants currently in the NICU to explore their knowledge, perception, and desire to participate in mindfulness based stress reduction programs.

##### **Other (fellowship, scholarship, community project, special projects)**

###### External Fellowships/Scholarships, and Special Projects:

Illinois Board of Higher Education (IBHE): Nurse Scholar Fellowship 2019

The IBHE annual awards fellowships to nurses in higher education. The goal of these fellowships is to encourage nurses into higher education and improve the quality of nursing higher education in the state of Illinois. The fellowship also includes a \$10,000 grant. These funds went toward taking a student interested in research to an international conference. Since that conference that student has been awarded an internal interdisciplinary award and working on a research project.

National Research Mentoring Network GUMSHOE Recipient 2016  
The Grantwriting Uncovered: Maximizing Strategies, Help, Opportunities, Experiences (GUMSHOE) is one of four professional-training programs that is committed to increasing the number of diversity studies obtaining NIH grants. The GUMSHOE program is a competitive program begins with a learning intensive weekend followed by 6 months working with a program selected mentor with a successful NIH grant funding history.

Irving Harris Foundation 2012 – 2014  
Postdoctoral Research Associate.

The Irving Harris Postdoctoral position including training in the following areas: grant writing (two courses), research seminars (4 courses), participation in the Perinatal Mental Health Journal Club (monthly), and manuscript writing. This postdoctoral position included portfolio preparation and the opportunity to find mentors and collaborators in the areas of women's mental health and psychoneuroimmunology. Mentorship for this postdoctoral position rotated within the college of nursing and included Drs. Rosemary White-Traut, Barbara McFarlin, and Mariann Piano.

F31 NR010176. Garfield (PI: Sponsor Rosemary White-Traut) 2007 – 2011  
Ruth L. Kirschstein National Research Service Award for Individual Predoctoral Fellowship.  
Postpartum Depressive Symptoms: A search for a biologic marker. This predoctoral fellowship funded my dissertation research, which composed of two separate research studies examining prenatal and postpartum depressive symptoms. Postpartum depressive (PPD) symptoms in study one were examined in low-income minority women with a low birth weight infant. Forty-two percent of our sample was at risk for depression and PPD symptoms were significantly related to infant health, maternal stress, and maternal anxiety. Prenatal depressive symptoms in study two were examined in an urban low-income African American sample in the second and third trimester of pregnancy. Twenty-three percent of the sample was at risk for depression and women with low oxytocin levels had increased prenatal depressive symptoms.

Internal Fellowship:  
Loyola University Chicago 2014 – 2016  
Postdoctoral Research Associate (Fellow).

The Loyola University Chicago Postdoctoral Research Associate position includes research, service, and teaching. During this fellowship I have completed 5 grant applications (Loreal Postdoc, NIH F-32, AWHONN small grants, MNRS small grant, and STTI small grant). Funding was received from Sigma Theta Tau International (see below). In addition, I have had the opportunity to present my research at 4 conferences (see below) and contribute to GNUR 293 Pathophysiology (Fall 2015) by leading case study discussions, administering an exam, aiding in student understanding, and answering emails/Sakai. Mentorship for this postdoctoral position included the esteemed researchers Drs. Linda Janusek and Herbert Mathews.

## **E. Publications**

### **Data Based Publications:**

Oladosu FA, Tu FF, **Garfield LB**, Garrison EF, Steiner ND, Roth GE, Hellman KM. Low Serum Oxytocin Concentrations Are Associated with Painful Menstruation. *Reprod Sci.* 2020 Feb;27(2):668-674. doi: 10.1007/s43032-019-00071-y. Epub 2020 Jan 6. PubMed PMID: 32046441; PubMed Central PMCID: PMC7044072.

Tenfelde, S., Tell, D., **Garfield, L.**, Janusek, L. Yoga for Women with Urgency Urinary Incontinence: A Pilot Study. *Female Pelvic Medicine & Reconstructive Surgery.* 2019 Apr 5. doi: 10.1097/SPV.0000000000000723. [Epub ahead of print]

**Garfield L**, Holditch-Davis D, Carter CS, McFarlin BL, Seng JS, Giurgescu C, White-Traut R. A Pilot Study of Oxytocin in Low-Income Women with a Low Birth-Weight Infant: Is Oxytocin Related to Posttraumatic Stress? *Advances in Neonatal Care*. 2019 Aug;19(4):E12-E21. doi: 10.1097/ANC.0000000000000601.

Giurgescu, C., Zenk, S. N., Engeland, C. G., **Garfield, L.**, Templin, T. N. Racial Discrimination and Psychological Wellbeing of Pregnant Women. *MCN American Journal of Maternal Child Nursing*. 2017; 42:8-13.

Giurgescu C, Engeland CG, Templin TN, Zenk SN, Koenig MD, **Garfield L**, Dancy BL. Racial discrimination predicts greater systemic inflammation in pregnant African American women. *The American Journal of Maternal Child Nursing*. 2016 Nov; 32: 98-103

**Garfield L**, Holditch-Davis D; White-Traut R, Carter CS, Giurgescu C, McFarlin BL, Schwertz D, Seng JS. Risk factors for Postpartum Depressive Symptoms in Low-Income Women with Low Birth-Weight Premature Infants. *Advances of Neonatal Car. Feb 2015; 15(1): E3-8.*

**Garfield L**, Giurgescu C, Carter CS, Holditch-Davis D, McFarlin BL, Schwertz D, Seng, J, White-Traut, R. Depressive symptoms in the second trimester relate to low oxytocin levels in African-American women: a pilot study. *Archives of women's mental health*. 2015; 18(1): 123-129.

#### **Non - Data Based Publications:**

Tenfelde, S. & **Garfield, L.** (2020). Role of nurse practitioners in providing care for adolescent females. *Women's Healthcare: A Clinical Journal for NPs*, 8 (5): 19-25.

**Garfield L**, Watson-Singleton NN. (2020). Culturally Responsive Mindfulness Interventions for Perinatal African-American Women: A Call for Action. *Western Journal of Nursing Research*. August 2020. doi:10.1177/0193945920950336

**Garfield, L., & Chin, E.** (2020, Apr/Jun). Pharmacology for Preterm Labor. *Journal of Perinatal and Neonatal Nursing*, 34(2), 155-161. [doi.org/10.1097/JPN.0000000000000474](https://doi.org/10.1097/JPN.0000000000000474)

**Garfield L**, Mathews H, Janusek L. Inflammatory and Epigenetic Pathways for Perinatal Depression. *Biological Research in Nursing*. 2016 May; 18(3):331-43. doi: 10.1177/1099800415614892.

#### **F. Media Production (Video, CD-Roms)**

None

#### **G. Presentations**

##### **Oral Presentations:**

**Garfield, L.,** Mathews, H., Janusek, L (2019, March). Oxytocin, DNA methylation, and Perinatal Depression in minority women. Oral presentation at the Midwest Nursing Research Society Conference in Kansas City, MO. (Regional)

**Garfield, L.** (2018, 2019, 2020, April). Blood Pressure, Hypertension, and Health. Invited Oral Presentation at Resurrection High School in Chicago, IL (Regional)

**Garfield, L.** (2017, 2018, 2019, 2020). Women and Gender Equity in Healthcare. Invited speaker for HSM 230 Fundamentals of Health Equity at Loyola University Chicago. (LUC)

**Garfield, L.** Giurgescu C, Engeland CG, Templin TN, Zenk SN, Koenig MD, Dancy BL. (2017, June). Racial Discrimination and Inflammation in Pregnant African American Women. Invited oral presentation at the International Conference on Nursing Science and Practice in Irving, TX. (International)

**Garfield, L.,** Mathews, H., Janusek, L. (2016, March). Inflammatory and Epigenetic Pathways for Perinatal Depression. Oral presentation at Midwest Nursing Research Society Conference in Milwaukee, WI. (Regional)

**Garfield, L;** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2015, January). Urban African American Women at Risk for Prenatal Depressive Symptoms: Oxytocin and Birth-weight are related to this Health Disparity. Oral presentation at Midwest Brain, Behavior, Immunity Scientific Conference, Northwestern University, Chicago, IL (Regional)

**Garfield, L.** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2008, October). Postpartum Depressive Symptoms: Looking Through the Biopsychosocial Model of Disease Processes. Oral presentation as part of the Biopsychosocial Approaches to Improve Outcomes of Women During the Childbearing Cycle. Symposium at the State of the Science Congress on Nursing Research through the Council for the Advancement of Nursing Science in Washington DC. (National)

**Garfield, L.** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2008, March). Postpartum Depressive Symptoms: Looking Through the Biopsychosocial Model of Disease Processes. Oral presentation as part of the Biopsychosocial Approaches to Improve Outcomes of Women During the Childbearing Cycle. Symposium at the Midwest Nursing Research Society Conference in Bloomington, IN. (Regional)

#### **Poster Presentations:**

Abraham, T., **Garfield, L.** (2020, April). Improving Influenza Vaccination Rates in Low Socioeconomic African American Pregnant Women: An Interprofessional Approach to Increasing Immunization Rates. Poster presentation at the Midwest Nursing Research Society Conference scheduled for Chicago – held virtually. (Regional)

Ohlms, M., Stilton, R., Wiechec, S., **Garfield, L.** (2020, April). Nursing Competency in Pediatric Mild Traumatic Brain Injury. Poster presentation at the Midwest Nursing Research Society Conference scheduled for Chicago – held virtually. (Regional)

Yip, L., **Garfield, L.** (2018, April). Nursing Students' Perceptions of Mental Illness and Seeking Help. Poster presentation at the Midwest Nursing Research Society Conference in Cleveland, OH. (Regional)

Tenfelde, S., Tell, D., **Garfield, L.,** Janusek, L (2017, December). A Gentle Yoga Program for Wome with Urgency Urinary Incontinence. Poster presentation at the Midwest Brain, Behavior, and Immunity Meeting in Chicago, IL. (Regional)

**Garfield, L.,** Mathews, H., Janusek, L (2017, December). Prenatal Stress, Inflammation and Depressive Risk: An Epigenetic Link. Poster presentation at the Midwest Brain, Behavior, and Immunity Meeting in Chicago, IL. (Regional)

**Garfield, L.,** Mathews, H., Janusek, L (2017, December). Prenatal Psychosocial Health and Biological Markers in Pregnant African American and Hispanic Women. Poster presentation at the Brain Body Institute in Chicago, IL. (Regional)

- Garfield, L;** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2015, June). Posttraumatic Stress & Oxytocin in Women with a Premature Infant in the Neonatal Intensive Care Unit. Poster presentation at Psychoneuroimmunology Research Society Conference in Seattle, WA. (National)
- Garfield, L;** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2015, April). Posttraumatic Stress & Oxytocin in Women with a Premature Infant. Poster presentation at Palmer Symposium at Loyola University Chicago in Maywood, IL. (LUC)
- Garfield, L;** Holditch-Davis, D.; White-Traut, R.; Carter, C.S.; Giurgescu, C.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2014, September). Risk factors for Postpartum Depressive Symptoms in Low-Income Women with Very Low Birth Weight Infants. Poster presentation at Pathways to Flourishing Conference at Notre Dame University in South Bend, IN. (Regional)
- Garfield, L;** Giurgescu, C.; White-Traut, R.; Carter, C.S.; Holditch-Davis, D.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2014, May). Prenatal Depressive Symptoms, Oxytocin and Birth-weight in Urban African American Women. Poster presentation at Psychoneuroimmunology Research Society Conference in Philadelphia, PA. [This was selected for an oral poster blitz.] (National)
- Garfield, L;** Giurgescu, C.; White-Traut, R.; Carter, C.S.; Holditch-Davis, D.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2014, April). Lower oxytocin levels in African American Women Associate with Prenatal Depressive Symptoms and Earlier Gestational Birth. Poster presentation at the Annual Emotion Research Conference, University of Wisconsin, Milwaukee, WI. (Regional)
- Garfield, L;** Giurgescu, C.; White-Traut, R.; Carter, C.S.; Holditch-Davis, D.; McFarlin, B.L.; Schwertz, D.; Seng, J.S. (2013, March). Biopsychosocial model of prenatal depressive symptoms with oxytocin in African American women. Poster presented at the Midwest Nursing Research Conference in Chicago, IL. (Regional)
- Garfield, L;** Magee, T.; & Giurgescu, C. (2010, April). The effects of maternal psychological well-being of caring for a premature infant in the Neonatal Intensive Care unit. Poster presentation at the National Association of Pediatric Nurse Practitioners 31<sup>st</sup> Annual Conference on Pediatric Health Care in Chicago, IL. (National)

## **H. Honors**

2019	Illinois Board of Higher Education Nursing Award
2018	Illinois Nursing Association 40 under 40 emerging nurse leaders
2017	New Investigator Award, Women's Health, MNRS
2017	Honor a Researcher Award, MNRS
2016	National Research Mentoring Network GUMSHOE Recipient
2015	Sigma Theta Tau Small Grant Award
2014	Data Blitz Psychoneuroimmunology Research Society National Conference
2012-2014	Irving Harris Postdoctoral Fellowship Award
2007-2011	F-31 Ruth L. Kirchstein National Research Service Predoctoral Fellowship

## **I. Teaching/Advising**

### **Teaching:**

LUC GNUR 294 Pharmacology (undergraduate) 2016 – 2020  
 Description: This course introduces student nurses to pharmacology and provides them

with the foundation needed to administer medications. The principles of pharmacokinetics, pharmacodynamics, and safe, legal, and ethical medication administration are applied to the pharmacotherapy of common health care problems across the lifespan. Role: Primary instructor for two three-hour sections each semester. Educated students on principles of medicine while relating this new knowledge to nursing and the students future professional role. The course includes lecture, tests, case studies, engagement with students, and group participation.

LUC GNUR 293 Pathophysiology (undergraduate) 2017 – 2019

Description: This course provides the student with knowledge of the basic mechanisms involved in pathophysiological processes. The impact of age, gender, genetics, genomics, life style, and the environment are applied to various pathophyiological states. Role: Primary instructor for two four-hour sections each semester. Educated students on disease processes and how examples of these disease states that nurses will encounter. Instruction includes lecture, test strategies, tests, case studies, tests, and student involvement.

LUC GNUR 102 Introduction to Nursing (undergraduate) 2018

Description: The course introduces the mission of the Marcella Niehoff School of Nursing and the foundations of nursing practice. Nursing is presented as a scientific profession with a heritage of strong values-based leadership, based on critical thinking and evidence-based practice. Role: Primary instructor for one 3 hour section. Instruction included papers, projects, goup work, presentations, and lectures with student participation and engagement.

LUC GNUR 361 Nursing Ethics (undergraduate) 2017, 2018

Description: This course offers students, as future health care professionals and as health care recipients, opportunities to think philosophically, demonstrate ethical awareness, do ethical reflection, and apply ethical principles in decision-making. Role: Primary instructor for one three-hour section. Educated students on ethical principles, led discussion of case studies, lecture, and real life ethical examples from media.

LUC GNUR 293 Pathophysiology Course Assistant (undergraduate) 2015

Description: This course provides the student with knowledge of the basic mechanisms involved in pathophysiological processes. The impact of age, gender, genetics, genomics, life style, and the environment are applied to various pathophyiological states. Role: Led discussion of several of the case studies that were designed to improve the students' ability to use critical thinking in the application of the course content to clinical situations. Covered course during faculty leave including office hours, explained course material, and proctering and reviewing an exam. Please see student comments at the bottom of this biosketch.

UIC NUSC 585 Advanced Research Seminar: Women's Health (graduate) 2014

Description: Faculty and students present and critique on-going and developing research in women's health. Advanced seminar for doctoral students in graduate nursing concentration in women's health. Role: Aided instructor on course development, content, student discussions, and guest lectured.

UIC NURS 525 Introduction to Nursing Research and Statistics (undergrad) 2008

Description: Provides students with basic concepts of research emphasizing relationship between research and nursing practice. Includes basic statistical measures, hypothesis testing, and interpretation of nursing research for application and practice. Course included both Lecture and Discussion component. Role: Taught Discussion component of the course. Held weekly office hours, explained course material, and helped student with challenging concepts.

UIC NUSC 525 Intermediate Statistice (graduate) 2004 – 2005



Description: Prepares students to think quantitatively, assess data critically, and apply epidemiological methods to disease prevention and control. Application and interpretation of statistical techniques appropriate for health sciences. Role: Tutored students for three semesters. Held weekly office hours, explained course material, and helped students with challenging concepts.

**Advising:**

Diana Wanson – Masters Student (Chair Master’s Thesis)	2020 – 2021
Tameka Miles – Masters Student (Chair Master’s Thesis)	2020
Morgan Southern – Masters Student (Chair Master’s Thesis)	2019 – 2021
Tracey Abraham – DNP Student (Chair for DNP Project)	2019 – 2020
Madeline Ohlms – Undergraduate (Chair of Gannon Research Project)	2018 – 2021
Heather Marvin – Masters Student (Chair Master’s Thesis)	2018 – 2019
Laura Robins Frank – PhD Student (Director for Independent Study)	2018
Long Yi (Ivy) Yip – Undergraduate Student (Research Advisor)	2017 – 2018
Claudelia Cano – Masters Student (Chair Master’s Thesis)	2017 – 2018

**J. Professional Service**

**Participation on MNSON and LUC Boards, Committees, Task Forces:**

Work Load Task Force	2019 – Present
Awards and Scholarship Committee Chair	2018 – 2020
Chi Omega Sorority Faculty Advisor	2017 – Present
Undergraduate Nursing Admission, Progression, Retention Committee	2016 – 2018
LUC Careers in Science, Panel Member	2016, 2017
MNSON, Poverty Simulation	2016, 2017
MNSON, Mock Interviews for Accelerated BSN students	2016

**Membership and Leadership Roles in Professional Organizations:**

Sigma Theta Tau International	2002 – Present
Alpha Beta Chapter Counselor	2016 – 2018
Alpha Beta Chapter Leadership Succession	2018 – 2020
Alpha Beta President Elect	2019 – 2020
Alpha Beta President	2020 – 2022
Association of Women's Health, Obstetric, and Neonatal Nurses	2003 – Present
Midwest Nursing Research Society	2010 – Present
Marce Society for Perinatal Mental Health	2013 – Present
Psychoneuroimmunology Research Society	2014 – Present

**Leadership Roles in Community Organizations:**

Resurrection Course Consultant High School Nursing Presenter, Chicago	2018 – 2020
Career Fair presenter at Northtown Academy, Chicago	2018
Abstract reviewer for Midwest Nursing Research Society Conference,	2016 – Present
Manuscript reviewer for Biological Research for Nursing,	2014 – Present
Manuscript reviewer for Advances in Neonatal Care,	2014 – Present
Invited Community Helper speaker Girl and Boy Scouts of Illinois	2017 – 2019

**Grant Reviewer:**

Sigma Theta Tau Alpha Beta Chapter Grant reviewer	2018 – Present
Midwest Nursing Research Society Grant reviewer	2016 – 2018

**Journal/Abstract Reviewer:**

Psychoneuroendocrinology Manuscript Reviewer	2016 – Present
Archives of Women’s Mental Health Manuscript Reviewer	2016 – Present
Neonatal Network Manuscript Reviewer	2016 – Present